



## Nutrition Facts

**Serving size 1 slice (31g)**

Servings per Container 20

Calories 90

Calories from fat

Amount/Serving	%DV*
<b>Total Fat</b> 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0g	0%
<b>Sodium</b> 135mg	6%
<b>Total Carbohydrate</b> 17g	6%
Fiber 1g	4%
Total Sugars 3g	
Includes 3g Added Sugars	6%
Protein 2g	
<b>VitaminD</b> 0%	<b>Calcium</b> 2%
<b>Iron</b> 6%	<b>Potassium</b> 0%
<b>Thiamine</b> 15%	<b>Riboflavin</b> 8%
<b>Folate</b> 34mcg	8%