

## Land O Lakes - Individual Butter Packet

Servings:  1 serving (1"sq. 1/3" high) ▼



Calories	43	Sodium	36 mg
Total Fat	5 g	Potassium	4 mg
Saturated	1 g	Total Carbs	0 g
Polyunsaturated	2 g	Dietary Fiber	0 g
Monounsaturated	1 g	Sugars	0 g
Trans	0 g	Protein	0 g
Cholesterol	0 mg		

Vitamin A	0%	Calcium	0%
Vitamin C	0%	Iron	0%

\*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.