



Nutrition Facts

Serving Size 28.3g
Servings Per Container 6

Amount Per Serving

Calories 90 Calories From Fat

% Daily Value *

| | | |
|---------------|----|----|
| Total Fat | 0g | 0% |
| Saturated Fat | | 0% |
| Trans Fat | | 0% |

| | | |
|-------------|-----|----|
| Cholesterol | | 0% |
| Sodium | 5mg | 0% |

| | | |
|---------------------|-----|----|
| Total Carbohydrates | 22g | 7% |
| Dietary Fiber | 2g | 7% |
| Soluble Fiber | | |
| Sugars | 20g | 0% |

| | | |
|---------|----|----|
| Protein | 1g | 0% |
|---------|----|----|

| | | | |
|-----------|----|-----------|----|
| Vitamin A | 0% | Vitamin C | 0% |
|-----------|----|-----------|----|

| | | | |
|---------|----|------|----|
| Calcium | 2% | Iron | 4% |
|---------|----|------|----|

| | | | |
|---------|----|------------|----|
| Thiamin | 0% | Riboflavin | 0% |
|---------|----|------------|----|

| | | | |
|--------|----|------------|----|
| Niacin | 0% | Vitamin B6 | 0% |
|--------|----|------------|----|

| | | | |
|------------|----|------|----|
| Phosphorus | 0% | Zinc | 0% |
|------------|----|------|----|

* Percent Daily values are based on a diet of 2,000 calories. Your daily values may be higher or lower depending on your calorie needs.

| | | Calories: 2,000 | 2,500 |
|--------------------|-----------|-----------------|---------|
| Total Fat | Less than | 65g | 80g |
| Saturated Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |