



Nutrition Facts

Serving Size 1 Bar (24g)
Servings Per Container 8

Amount Per Serving

Calories 100 Calories from Fat 25

% Daily Value*

Total Fat 3g	5%
Saturated Fat 1g	6%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 1g	
Cholesterol 0mg	0%
Sodium 90mg	4%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 7g	
Sugar Alcohol 1g	

Protein 3g

Calcium 10% • Iron 2%

Not a significant source of vitamin A and vitamin C.

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g