



Kellogg's®
 Nutri-Grain®
 Apple Cinnamon

Nutrition Facts Serv. Size: 1 Bar (37g), Amount Per Serving: **Calories** 120, Fat Cal. 30, **Total Fat** 3g (5% DV), Sat. Fat 0.5g (3% DV), *Trans Fat* 0g, **Cholest.** 0mg (0% DV), **Sodium** 110mg (5% DV), **Total Carb.** 24g (8% DV), Fiber 3g (10% DV), Sugars 12g, **Protein** 2g, Vitamin A (15% DV), Vitamin C (0% DV), Calcium (20% DV), Iron (10% DV), Thiamin (15% DV), Riboflavin (25% DV), Niacin (25% DV), Vitamin B₆ (25% DV), Zinc (10% DV). Percent Daily Values (DV) are based on 2,000 calorie diet.

INGREDIENTS: CRUST: WHOLE GRAIN OATS, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B₁ [THIAMIN MONONITRATE], VITAMIN B₂ [RIBOFLAVIN], FOLIC ACID), WHOLE WHEAT FLOUR, VEGETABLE OIL (HIGH OLEIC SOYBEAN, SOYBEAN AND/OR CANOLA OIL), SOLUBLE CORN FIBER, SUGAR, DEXTROSE, FRUCTOSE, CALCIUM CARBONATE, WHEY, WHEAT BRAN, SALT, CELLULOSE, POTASSIUM BICARBONATE, NATURAL AND ARTIFICIAL FLAVOR, CINNAMON, MONO- AND DIGLYCERIDES, SOY LECITHIN, WHEAT GLUTEN, NIACINAMIDE, VITAMIN A PALMITATE, CARRAGEENAN, ZINC OXIDE, REDUCED IRON, GUAR GUM, VITAMIN B₆ (PYRIDOXINE HYDROCHLORIDE), VITAMIN B₁ (THIAMIN HYDROCHLORIDE), VITAMIN B₂ (RIBOFLAVIN). FILLING: INVERT SUGAR, CORN SYRUP, APPLE PUREE CONCENTRATE, GLYCERIN, SUGAR, MODIFIED CORN STARCH, SODIUM ALGINATE, SODIUM CITRATE, MALIC ACID, METHYLCELLULOSE, DICALCIUM PHOSPHATE, CINNAMON, CITRIC ACID, CARAMEL COLOR. **CONTAINS WHEAT, MILK AND SOY INGREDIENTS.**

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