

# Nutrition Facts

Serving Size 1 pack (57g)  
 Servings Per Container 12

## Amount Per Serving

**Calories** 270    Calories from Fat 100

### % Daily Value\*

<b>Total Fat</b> 11g	<b>17%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 220mg	<b>9%</b>
<b>Potassium</b> 95mg	<b>3%</b>
<b>Total Carbohydrate</b> 41g	<b>14%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 23g	

**Protein** 2g

Vitamin A 0%    •    Vitamin C 0%

Calcium 2%    •    Iron 15%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories:    2,000    2,500

Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

