

EL MONTEREY

FAMILY OWNED SINCE 1964

Signature

BURRITO

EGG, SAUSAGE,
CHEESE & POTATO



280
Calories



10g
PROTEIN
PER SERVING

REAL
SCRAMBLED
EGGS

FRESH
BAKED
TORTILLA

COOK &
SERVE

KEEP FROZEN
SERVING SUGGESTION

NET WT 4.5 OZ (128g)

Nutrition Facts

Serving Size 1 Burrito (128g)

Servings Per Container 1

Amount Per Serving

Calories 280 Calories from Fat 120

	% Daily Value*
Total Fat 13g	20%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 630mg	26%
Total Carbohydrate 31g	10%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 10g	20%

Vitamin A 4% • Vitamin C 6%

Calcium 8% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Protein	50g	65g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS

FLOUR TORTILLA

(WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE OIL (SOYBEAN, CANOLA, PALM AND/OR CORN OIL), WHEAT GLUTEN, SUGAR, SALT, DOUGH CONDITIONERS (YEAST, WHEAT GLUTEN, SUGAR, GUAR GUM, MODIFIED FOOD STARCH, SODIUM METABISULFITE),

SCRAMBLED EGGS

(PASTEURIZED WHOLE EGGS, NONFAT MILK, SOYBEAN OIL, MODIFIED FOOD STARCH, SALT, XANTHAN GUM, CITRIC ACID, BUTTER FLAVOR (MALTODEXTRIN, NATURAL BUTTER FLAVOR, ANNATTO AND TURMERIC (ADDED FOR COLOR)), SPICE AND/OR LIQUID PEPPER EXTRACT),

PORK SAUSAGE

(PORK, WATER, SALT, SPICES, CORN SYRUP SOLIDS, SUGAR, AUTOLYZED YEAST EXTRACT, SPICE EXTRACTIVE),

POTATOES

(WITH SEA SALT, CANOLA OIL),

CHEESE SAUCE

(WATER, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO COLOR), MODIFIED CORN STARCH, CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS (XANTHAN, LOCUST BEAN AND/OR GUAR GUMS)), CANOLA OIL, CONTAINS LESS THAN 2% OF NONFAT DRY MILK, WHEY, SODIUM PHOSPHATE, SALT, CORN STARCH, LACTIC ACID, CELLULOSE GUM, BUTTER OIL, SUGAR, YEAST EXTRACT, PAPRIKA EXTRACT (COLOR), NATURAL FLAVORS, ANNATTO EXTRACT (COLOR),

PROCESS CHEDDAR CHEESE PRODUCT

(WATER, PALM OIL, NATURAL CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), RENNET CASEIN, MODIFIED FOOD STARCH, SODIUM PHOSPHATES, SALT, LACTIC ACID, NATURAL FLAVOR, ANNATTO COLOR),

PROCESS JACK AND AMERICAN CHEESE

WITH PEPPERS PRODUCT

((JACK AND AMERICAN CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, SKIM MILK, PALM OIL, SODIUM PHOSPHATE, MODIFIED FOOD STARCH, PEPPERS (RED AND GREEN JALAPENO PEPPERS), SALT, LACTIC ACID),

TOMATOES

(WITH JUICE, CITRIC ACID, CALCIUM CHLORIDE),

GREEN CHILIES

(WITH SALT, CITRIC ACID, CALCIUM CHLORIDE),

CONTAINS 2% OR LESS

ONION, VEGETABLE OIL (SOYBEAN, CANOLA AND/OR CORN OIL), MODIFIED CORN STARCH, JALAPENO PEPPERS (WITH SALT, ACETIC ACID, WATER, CALCIUM CHLORIDE), SALT, SPICE.

CONTAINS: WHEAT, EGGS, MILK.