

NAME: _____

ENTREES

You can pick ONE SIDE ITEM per entrée below this line

BREAKFAST

71	Cheese Omelet & Salsa	
93	Breakfast Scramble	
6018	Waffle & Turkey Sausage	
6021	Western Scrambled Eggs	

PORK

10	Breaded Pork Patty	
13	BBQ Pork Patty	
15	Pizzaiola Pork Patty	
20	Sausage, Red Beans, & Rice	
58	Smoked Sausage & Macaroni	
87	Pork in Mushroom Gravy	

MEATLESS

24	Cheese Pizza	
75	Macaroni & Cheese	
5052	Macaroni & Cheese	
5078	Cheese Tortellini	
5098	Cheese Lasagna	

POULTRY

17	Honey Mustard Chicken Tenders	
19	Chicken & Mushroom Swiss Rice	
36	Honey Mustard Chicken	
43	New Orleans Chicken & Rice	
50	Breaded Chicken Patty	
52	Teriyaki Chicken	
54	Chicken & Dumplings	
69	Chicken & Bean Burrito	
72	Chicken Patty & Dressing	
77	Chicken Parmesan	
79	Chicken Florentine	
83	Pesto Basil Chicken	
89	Southwest Chicken Tenders	
5040	Chicken & Gravy	
5084	Ginger Chicken	
5093	Santa Fe Chicken	

BEEF

21	Spinach Lasagna	
23	Homestyle Meatloaf	
32	Country Fried Steak	
38	Beef Strips & Gravy	
46	Stuffed Shells in Meat Sauce	
47	Salisbury Steak	
55	Meatballs & Alfredo Shells	
65	Spaghetti & Meatballs	
82	Beef & Cheesy Chipotle Rice	
88	Beef Patty & Onion Gravy	
99	Beef Patty	
5049	Charbroiled Beef Patty	
5062	Swedish Meatballs	

SEAFOOD

44	Breaded Pollock	
70	Fish Nuggets	
91	Breaded Fish in Spinach Sauce	

You can pick THREE SIDE ITEMS per entrée below this line

COLD SANDWICH (THAW & SERVE)

	Harmonious Ham & Swiss	
	Peanut Butter & Jelly	

HOT SANDWICH

	Mini Twin Cheeseburger	
	Flame Broiled Cheeseburger	
	Fried Chicken Sandwich	
	Meatloaf Sandwich	
	Grilled Cheese Sandwich	
	Monterey Chicken Sandwich	
	8" Philly Cheesesteak	
	French Bread Pepperoni Pizza	
	Boneless BBQ Pork Riblet	

COLD CEREAL

	Cheerios	
	Rice Krispies	
	Frosted Mini Wheats	
	Honey Nut Cheerios	
	Frosted Flakes	
	Apple Jacks	
	Cinnamon Toast Crunch	
	Corn Pops	
	Raisin Bran	
	Fruit Loops	

HOT CEREAL

	Oatmeal	
	Cream of Wheat	
	Quaker Grits	

BREAKFAST SANDWICH

	Biscuit - Sausage, Egg, Cheese	
	Croissant - Sausage, Egg, Cheese	
	Mini Twin Sausage	
	Mini Twin Bacon	
	Muffin - Turkey Sausage, Egg, Chs	

SHELF MEALS (SIDES INCLUDED)

	Chicken Salad	
	Tuna Salad	

MEAL SIDE ITEMS

FRUIT & YOGURT

	Fresh Apple	
	Fresh Orange	
	Fresh Banana	
	Applesauce	
	Applesauce, Cinnamon	
	Raisins	
	Mixed Fruit	
	Diced Peaches	
	Mandarin Oranges	
	Pineapple Tidbits	
	Strawberry, Freeze Dried	
	Yogurt, Strawberry	

SNACKS & COOKIES

	Granola Bar, Choc Chip	
	Granola Bar, PB Choc Chip	
	Nutrigrain, Strawberry	
	Nutrigrain, Apple Cinnamon	
	Nutrigrain, Blueberry	
	Cookie, Animal Crackers	
	Cookie, Lorna Doone	
	Cookie, Famous Amos	
	Cookie, Bel Vita	
	Cookie, Oreo	
	Goldfish Cheddar Crackers	
	Pretzels	
	Trail Mix	
	Cheetos	
	Popcorn	
	Cheez-Its	

JELLO & PUDDING

	Jello, Orange	
	Jello, Strawberry	
	Pudding, Tapioca	
	Pudding, Vanilla (NSA)	
	Pudding, Chocolate (NSA)	
	Pudding, Lemon	
	Pudding, Banana Cream	
	Pudding, Butterscotch	
	Pudding, Chocolate	
	Pudding, Vanilla	

SYRUP & SPREADS

	Pancake Syrup	
	JIF Peanut Butter	

YOUR LAST ORDER WILL BE REPEATED FOR YOUR NEXT DELIVERY IF YOU DO NOT SEND A NEW ORDER SHEET

BEVERAGES

	Black Tea	
	Green Tea	
	Coffee, Instant	
	Coffee, Instant (Decaf)	
	Juice, Fruit Punch	
	Juice, Apple	
	Juice, Orange	
	Juice, Pineapple	
	Juice, Grape	
	Juice, V8 (2 servings)	

	Cocoa, Milk Chocolate	
	Cocoa, Milk Chocolate (NSA)	
	Milk, 2% Chocolate	
	Milk, 2% Chocolate (4 servings)	
	Milk, 2%	
	Milk, 2% (4 servings)	
	Milk, Skim (4 servings)	
	Milk, Whole (4 servings)	

BREAD

	Wheat, Kloeppinger Non GMO	
	White, Sunbeam Giant Loaf	
	Margarine	

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HOW TO FILL OUT ORDER SHEETS

Step 1: Start at the top and pick your entrees. You have a choice between any combination of plated meals, sandwiches, or cereal as long as it is equal to the meal allotment assigned by your case manager. Sandwiches and cereals are also entrees and count towards your meal total. No client will ever receive more than 14 meals per delivery.

Step 2: Pick the side items. The order sheet details how many side items you can get with each meal. Plated meals come with one side of your choice. Sandwiches and cereal come with three sides of your choice. You will have to do some simple math to figure out your side item allotment as it is COMPLETELY DEPENDANT on YOUR PERSONAL order.

Step 3: Pick the beverages. You are entitled to the same number of SERVINGS as meals. (14 meals = 14 servings of beverages). Some are worth more than one serving, and they are noted next to the item on the order sheet.

Step 4: Don't forget the bread! Bread is located next to the beverages at the bottom of the order sheet. You get 1 loaf of bread per delivery and can order as many margarines as meals. (14 meals = 14 margarines)

-You only have to fill out an order sheet if you want to CHANGE your order. If you do not send in a new order, we will just repeat the last one. **WE DO NOT TAKE ORDERS OVER THE PHONE. ALL CHANGES MUST BE IN WRITING!**

-Orders are finalized at the end of the business day of the delivery. For example, a Monday client needs to get their order in by 4pm ON MONDAY in order to ensure their order gets changed.

NEW MENU ITEMS ARE SHADED ON THE FRONT

15	Pizzaiola Pork with Asparagus & Carrots
17	Honey Mustard Chicken Tenders; w/ Spinach and Carrots
19	Chicken Patty & Mushroom Swiss Rice; w/ Peas & Carrots and Stewed Tomatoes
20	Red Beans & Rice with Sausage, with Corn, Peppers, and Cabbage
46	Stuffed Shells w/ Meat Sauce, Northern Beans & Spring Vegetables
52	Chicken Patty w/ Teriyaki Rice, Sweet Potatoes, & Brussels Sprouts
54	Chicken & Dumplings, with Lima Beans and Winter Vegetables
55	Meatballs & Alfredo Sauce with Corn & Peppers and Green Beans
58	Smoked Sausage & Macaroni, Stewed Tomatoes & Bean Blend
70	Fish Nuggets with Northern Beans and Broccoli
75	Macaroni & Cheese with Stewed Tomatoes & Bean Blend
79	Chicken Florentine W/ Asparagus and Carrots
82	Beef Patty & Cheesy Chipotle Rice; w/ Corn and Broccoli Florets
83	Pesto Basil Chicken; w/ Lima Beans and Three Seasons Vegetables
86	Creamy Breaded Chicken Patty w/Lima Beans & Mixed Vegetables
89	Southwest Chicken Tenders with Sweet Potatoes and Broccoli
91	Breaded Fish & Alfredo Spinach Sauce w/ Sweet Potatoes and Cauliflower
93	Breakfast Scramble with Asparagus and Hash Browns
5049	Charbroiled Beef Patty, Mashed Potatoes & Gravy, Peas, and Carrots
5052	Macaroni & Cheese, Peas and Carrots
5062	Swedish Style Meatballs over noodles, broccoli, black bean blend
5084	Ginger Chicken over Rice w/ black bean mix, Carrots, Cauliflower
5098	Cheese Lasagna with Green Beans and Chickpeas
6018	Waffles with Turkey Sausage and sliced apples
6021	Western Scrambled Eggs w/ Ham, peaches, seasoned potatoes w/ cheese
BVG-17	Beverage, Fruit Punch
BVG-5	Beverage, Juice, Pineapple
MSI-47	Fruit, Mandarin Oranges
MSI-48	Fruit, Pinapple Tidbits

As you know, we are experiencing some difficulties securing some of our regular meal options due to the pandemic. We have been working diligently to find some additional choices for you to choose from. On this form you will find some new entrée options along with two new beverage choices and new side items. These items are not listed on our current menu, but we wanted to give you the option to try these out. Please use this updated order form to make your menu selections by entering the quantity you would like next to the description in the box provided. Please call to speak with our office staff at 937-506-8487 if you have any questions.

Thank you sincerely,
Your Ahlers Meals Family