Nutrition Facts

1 servings per container

Serving size **1 Package (283g)**

Amount Per Serving

Calories **280**

	% Daily Value*
Total Fat 10g	**13%**
Saturated Fat 3.5g	**18%**
Trans Fat 0g	
Cholesterol 275mg	**92%**
Sodium 370mg	**16%**
Total Carbohydrate 33g	**12%**
Dietary Fiber 2g	**7%**
Total Sugars 16g	
Includes 4g Added Sugars	**8%**
Protein 12g	**24%**
Vitamin D 2.1mcg	10%
Calcium 90mg	6%
Iron 1.6mg	8%
Potassium 550mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.