

Nutrition Facts

1 servings per container

Serving size 1 Package (298g)

Amount Per Serving

Calories **380**

% Daily Value*

Total Fat 16g **21%**

Saturated Fat 6g **30%**

Trans Fat 0g

Cholesterol 55mg **18%**

Sodium 220mg **10%**

Total Carbohydrate 52g **19%**

Dietary Fiber 4g **14%**

Total Sugars 22g

Includes 10g Added Sugars **20%**

Protein 21g **42%**

Vitamin D 0.4mcg 2%

Calcium 50mg 4%

Iron 1.6mg 8%

Potassium 740mg 15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.