

Nutrition Facts

1 servings per container

Serving size 1 Package (298g)

Amount Per Serving

Calories **350**

% Daily Value*

Total Fat 6g **8%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 340mg **15%**

Total Carbohydrate 48g **17%**

Dietary Fiber 6g **21%**

Total Sugars 13g

Includes 3g Added Sugars **6%**

Protein 9g **18%**

Vitamin D 0.1mcg **0%**

Calcium 230mg **20%**

Iron 3mg **15%**

Potassium 400mg **8%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.