

Nutrition Facts

1 servings per container

Serving size 1 Package (298g)

Amount Per Serving

Calories 470

% Daily Value*

Total Fat 16g	21%
Saturated Fat 5g	25%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 490mg	21%
Total Carbohydrate 59g	21%
Dietary Fiber 5g	18%
Total Sugars 10g	
Includes 8g Added Sugars	16%
Protein 9g	18%
Vitamin D 0mcg	0%
Calcium 100mg	8%
Iron 3.5mg	20%
Potassium 410mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.